

TOP OF THE LIFE

Choreographed by: Teo Lattanzio (Jan 2023)

Description: Phrased (A, B, Tag 1, Tag2) Intermediate Line Dance

Music: Life Is Beautiful by Tim McMorris

PART A (32 counts)

Sect. 1 - (R) ROCK, HOLD, (L) ROCK, (R) FLICK, (R) GRAPEVINE end hook

1-2 Rock right side, hold

3-4 Rock left side, hook right

4-5 Step right side, cross left behind

7-8 Step right side, hook left behind

Sect. 2 - (L) ROCK, HOLD, (R) ROCK, (L) FLICK, (L) GRAPEVINE end scuff

1-2 Rock left side, hold

3-4 Rock right side, hook left behind

5-6 Step left side, cross right behind

7-8 Step left side, scuff right forward

Sect. 3 - (R) JAZZ BOX end scuff, (L) JAZZ BOX ½ TURN LEFT end hook

1-2 Cross right over left, step left diagonally back

3-4 Step right side, scuff left forward

5-6 Cross left over right, turn ¼ left and step right backward

7-8 Turn ¼ left and step left forward, hook right behind (6:00)

Sect. 4 - ½ TURN LEFT & (R) STEP BACK, (L) HOOK, ½ TURN LEFT & (L) STEP FWD, (R) STOMP UP, (R) ROCK STEP BACK, (R) STOMP, HOLD

1-2 Turn ½ left and step right backwards, hook left behind

3-4 Turn ½ left and step left forward, stomp up right together (6:00)

5-6 Rock right back, recover on left

7-8 Stomp right together, hold

PART B (32 counts)

Sect. 1 - HEEL SWITCHES (R, L, R, L) WITH ¼ TURN LEFT (X3),

1-2 Touch right heel forward, turn ¼ left and step right together (9:00)

3-4 Touch left heel forward, turn ¼ left and step left together (6:00)

5-6 Touch right heel forward, turn ¼ left and step right together (3:00)

7-8 Touch left heel forward, step left together

Sect. 2 - STEPS FWD (with ¼ head turn), HEEL SWITCHES (R & L)

1-2 Step right forward, step left forward

3-4 Hold (*turning head ¼ left facing 12:00*), hold (*recovering head position*)

5-6 Kick right forward, step right together

7-8 kick left forward, step left together

Sect. 3 - SCOOT BACKWARDS (with low kick back) L & R, ¼ TURN LEFT & DOUBLE ROCK STEP BACK

1-2 Skip on left backwards (not losing contact with the floor) and low kick right back, step right together

3-4 Skip on right backwards (not losing contact with the floor) and low kick left back, step left together

5-6 Turn ¼ left and rock right back, recover on left (12:00)

7-8 Rock right back, recover on left

Sect. 4 - (R) KICK, ¼ TURN LEFT & (R) STEP, (L) KICK, TOGETHER, (R) FLICK, (R) STOMP UP

1&2 Kick right forward, turn ¼ left and step right together, kick left forward (9:00)

3-4 Step left together and flick right back, stomp up right

5&6 Kick right forward, turn ¼ left and step right together, kick left forward (6:00)

7-8 Step left together and flick right back, stomp up right

TAG 1 (16 counts)

Sect. 1 - (R) STOMP, (R) SWIVEL OUT TOE, HEEL, TOE,

1-2 Stomp right, swivel right toe out

3-4 Swivel right heel out, right toe out

5-6 Swivel right toe in, right heel in

7-8 Swivel right toes left, right heels left

Sect. 2 - SWIVEL LEFT TOE, HEEL, TOE, OUT – SWIVEL LEFT TOE, HEEL, TOE IN, HEEL STAND

1-2 Swivel left toe out, left heel out

3-4 Swivel left toe out, left toe in

5-6 Swivel left heel in, left toe in

7-8 Lift toes of both feet to stand on heels, lower toes to floor

TAG 2 (8 counts)

1-2 Step right forward, stomp up left & clap

3-4 Turn ½ left and step left forward, stomp up right & clap (6:00)

5-6 Step right forward, stomp up left & clap

7-8 Turn ½ left and step left forward, stomp up right & clap (12:00)

SEQUENCE

A A A A TAG1 B B TAG2 A A TAG1 B B TAG2 + Stomp R