

Pretty Belinda



Choreography: Vikki Morris (UK) - February 2011

Count's: 32, Wall: 2 / Beginner

Music/Performer: Pretty Belinda - Dr. Victor & The Rasta Rebels

Information: Start on the lyrics -32 counts
in At 2.57 min the track slows and stops for 4 seconds. Keep dancing,
it will kick back in again.

R CROSS ROCK RECOVER, R SIDE SHUFFLE, L CROSS ROCK RECOVER, L SIDE SHUFFLE

1,2 Cross rock R over L, Recover on L
3&4 Step R to R Side, Step L to R, Step R to R side
5,6 Cross rock L over R, Recover on R
7&8 Step L to L Side, Step R to L, Step L to L side 12 o clock

WEAVE LEFT, R ROCKING CHAIR TO L DIAGONAL

1-4 Cross R over L, Step L to L side, Cross R behind L, Step L to L side
5-8 Rock fwd R, Recover L, Rock back R, Recover L 12 o clock

PADDLE ¼ L X2, JAZZ BOX STEP FWD L

1,2 Step forward R, Pivot ¼ turn L 9 o clock
3,4 Step forward R, Pivot ¼ turn L (step 1-4 use your hips to paddle) 6 o clock
5,8 Cross R over L, Step back on L, step R to R side, Step L Fwd

R LOCK, R LOCK STEP TO R DIAGONAL, L LOCK, L LOCK STEP TO L DIAGONAL

1,2 Step R to R diagonal, Lock L behind R
3&4 Step R to R diagonal. Lock L behind R, Step R to R diagonal
5,6 Step L to L diagonal, Lock R behind L
7&8 Step L to L diagonal. Lock R behind L, Step L to L diagonal