

# Get In or Get Out



**Choreography:** Maggie Gallagher

**Count's:** 32, Wall: 4 / Improver

**Music/Performer:** Get In or Get Out von Sarah Lake

**Info:** The dance begins after 8 beats with the start of the singing.

## **STEP, KICK BALL CHANGE, WALK, ROCK, RECOVER, BACK SHUFFLE**

- 1 Step forward on right  
2&3,4 Kick left forward, Step down on left next to right, Step forward on right, Walk forward on left  
5,6 Rock forward on right, Recover on left  
7&8 Step back on right, Step left next to right, Step back on right

## **½ SHUFFLE, ¼ SIDE ROCK, RECOVER, BEHIND SIDE CROSS, POINT, HOLD &**

- 1&2 ¼ left stepping left to left side, step right next to left, ¼ left stepping forward on left [6:00]  
3-4 ¼ left rocking right to right side, Recover on left [3:00]  
5&6 Cross right behind left, Step left to left side, Cross right over left  
7-8& Point left to left side, HOLD, Step left next to right

**\*Restart Wall 3, \*\*Tag & Restart Wall 9**

## **ROCK, RECOVER, & HEEL & HEEL &, ROCK, RECOVER, ¼ CHASSE L**

- 1,2 Rock forward on right, Recover on left  
&3& Step right next to left, Touch left heel forward, Step left next to right  
4& Touch right heel forward, Step right next to left  
5,6 Rock forward on left, Recover on right  
7&8 ¼ left stepping left to left side, Step right next to left, Step left to left side [12:00]

## **CROSS, ¼, COASTER STEP, WALK, ½, SHUFFLE ½**

- 1,2 Cross right over left, ¼ right stepping back on left [3:00]  
3&4 Step back on right, Step left next to right, Step forward on right  
5,6 Walk forward on left, ½ left stepping back on right [9:00]  
7&8 ½ left stepping forward on left, Step right next to left, Step forward on left [3:00]

(Alternative steps for 6-7&8: Walk forward on right, L shuffle forward [3:00])

**\*RESTART: Wall 3 starts facing [6:00]. Dance 16& counts then restart the dance facing [9:00]**

**TAGS: At the end of Wall 5 facing [3:00] and Wall 8 facing [12:00], dance the 8 count Tag:**

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**ROCK, RECOVER, R COASTER STEP, ROCK, RECOVER, L COASTER STEP**

1,2 Rock forward on right, Recover on left

3&4 Step back on right, Step left next to right, Step forward on right

5,6 Rock forward on left, Recover on right

7&8 Step back on left, Step right next to left, Step forward on left

**\*\*TAG & RESTART: Wall 9 starts facing [12:00]. Dance 16& counts, then do the 4 count tag facing [3:00]:**

**STOMP R, HOLD, STOMP L, HOLD**

1,2 Stomp R forward, HOLD

3,4 Stomp L forward, HOLD

**Then Restart the dance facing [3:00]**

**ENDING: Wall 12 starts facing [9:00]. Complete Wall 12, then stomp forward on right to finish facing [12:00]**