

# Day To Feel Alive



**Choreographie:** Séverine Fillion (FR) & Arnaud Marraffa (FR) - March 2023

**Count's:** 32 count, 4 wall, Improver / Intermediate

**Musik:** Day To Feel Alive - Jake Reese

## **ROCK FWD RIGHT & LEFT, BACK STEP LOCK STEP, FULL TURN RIGHT BACKWARD**

1,2 Rock step right fwd, recover on left  
& Right next to left  
3,4 Rock step left fwd, recover on right  
5&6 Left step back, right cross over left, left step back  
7,8 1/2 turn right stepping right fwd, 1/2 turn right stepping left back 12:00

## **SIDE ROCK & SIDE - TOUCH, SIDE TRIPLE STEP, SAILOR 1/4 TURN LEFT**

1,2 Rock step right to right side, recover on left  
& Right next to left  
3,4 Left step to left side, Touch right next to left  
5&6 Triple step right left right to the right  
7&8 Left cross behind right, 1/4 turn left stepping right to right, left fwd 9:00

## **ROCK FWD, COASTER STEP, SIDE POINT, HOLD, SWITCH SIDE POINT, HOLD**

1,2 Rock step right fwd, recover on left  
3&4 Right step back, left next to right, right fwd  
5,6 Touch left toe to left side, Hold  
&7,8 Left next to right (&), Touch right toe to right side, Hold

**\*\* RESTARTS here on walls 4 & 8 (at 12:00)**

## **SYNCOATED JAZZ BOX CROSS, SIDE, BEHIND SIDE CROSS, SIDE SLIDE**

1,2 Right cross over left, left step back  
&3,4 Right to right (&), Left cross over right, right to right  
5&6 Left cross behind right, right to right, left cross over right  
7,8 Large right step to the right, slide left next to right (ending weight on left)

**TAG : Dance this 8 counts after the walls 2 & 6 (at 6:00)**

## **LARGE STEP DIAGONALLY FWD & DRAG (R & L), WALKS BACK x 2, BACK ROCK**

1,2 Large right step diagonally right fwd, Drag left next to right  
3,4 Large left step diagonally left fwd, Drag right next to left  
5,6 Walk back on right, walk back on left  
7,8 Rock back on right, recover on left