

# Pony Time



- Choreography:** Ivonne Verhagen & Michelle Risley
- Count´s:** Phrased, Wall: 4 / Improver
- Music/Performer:** Pony Time (Workout Mix) von Great 'O' Music Workout  
Pony Time von The Timeless Voices
- Information:** Intro: 8 Counts, Start at approx 5 secs
- Information:** AA, BB, AA, AB\*

## Part A – 48 Counts

### **Side Shuffle, Back Rock, Side Shuffle, Back Rock**

- 1&2 Step right to right, step left beside right, step right to right  
3,4 Rock left back, recover weight onto right  
5&6 Step left to left, step right beside left, step left to left  
7,8 Rock right back, recover weight onto left

### **Toe Point, Step, Toe Point, Step. Boogie Walk x4**

- 1,2 Touch right toe forward, Step down on right transferring weight on right  
3,4 Touch left toe forward, Step down on left transferring weight on left  
5,6 Step right forward pushing both knees to right, Step left forward pushing both knees to left  
7,8 Step right forward pushing both knees to right, step left forward pushing both knees to left

Styling: 1-4 Lean back slightly, 5-6 Jazz hands

### **Pivot ½, Hold, Pivot ¼ Hold**

- 1,2 Step forward Right, Hold,  
3,4 Pivot Turn ½ Left, Hold, transferring weight on left (6oc)  
5,6 Step forward Right, Hold,  
7,8 Pivot Turn ¼ left, transferring weight on left (3:00)

### **Jazzbox Cross, Dwight Steps, Side**

- 1,2 Cross right over left, step left back  
3,4 Step right to right, cross left over right  
5,6 Touch right beside left, twist left heel to right, touch right heel beside left twist left toes to right  
7,8 Touch right beside left twist left heel to right, step right to right

### **Diagonal Stomp x2 Hold, Diagonal Stomp x2, Hold**

- 1,2 Stomp left forward to left diagonal, stomp left forward to left diagonal  
3,4 Hold for 2 counts  
5,6 Stomp right forward to right diagonal, stomp right forward to right diagonal  
7,8 Hold for 2 counts

**Rock, Hold, Recover, Hold ¼ Slow Weave**

- 1,2 Rock left forward, hold (Arms - Raise both arms forward)
- 3,4 Recover weight onto right, Hold (Arms Lower both arms)
- 5,6 Step left back, turn ¼ right step right to right (6:00)
- 7,8 Cross left over right, hold

**Part B – 32 Count**

**Side, Hold, ¼ Step, Hold, Walk x3, Hold**

- 1,2 Step right to right, hold
- 3,4 Turn ¼ left step left forward, hold (9:00)
- 5,6 Step right forward, step left forward
- 7,8 Step right forward, hold

**Step, Hold, ½ Pivot, Hold, Walk x3, Hold**

- 1,2 Step left forward, hold
- 3,4 Pivot ½ right transferring weight on to right, hold (3:00)
- 5,6 Step left forward, step right forward
- 7,8 Step left forward, hold

**Toe Strut, ¼ Toe Strut, Toe Strut, ¼ Toe Strut**

- 1,2 Touch right forward, drop right heel transferring weight on right
- 3,4 Turn ¼ left touch left forward, drop left heel transferring weight on left (12:00)
- 5,6 Touch right forward, drop right heel transferring weight on right
- 7,8 Turn ¼ left touch left forward, drop left heel transferring weight on left (9:00)

**Strutting Jazzbox Cross**

- 1,2 Touch right over left, drop right heel transferring weight on right
- 3,4 Touch left back, drop left heel transferring weight on left
- 5,6 Touch right to right, drop right heel transferring weight on right
- 7,8 Touch left over right, drop left heel transferring weight on left