

Sixteen Tons



Choreography: Colin Ghys (BEL) & José Miguel Belloque Vane (NL) - January 2024

Count's: 48, Wall: 4 / Improver

Music/Performer: Sixteen Tons - Tennessee Ernie Ford

Intro: 8 Counts, Start at approx 7 secs

Sequence: A, A, B, A, A, B, A, A, B+, A, A, Ending

Part A

Cross, Point, Cross, Point, Jazzbox Cross

- 1,2 Cross right over left, point left to left
- 3,4 Cross left over right, point right to right
- 5,6 Cross right over left, step left back
- 7,8 Step right to right, cross left over right

Side, Touch Heel Diagonally Forward, Hold, Together, Cross, Hold, 1/2 Bounce Heels

- &1,2 Step right to right, touch left heel forward to left diagonal, hold
- &3,4 Step left beside right, cross right over left, hold
- 5-8 Turn 1/2 left bounce both heels 4 times

Step, Brush, Step, Brush, Step, 1/2 Pivot, Step, 1/4 Pivot

- 1,2 Step right forward, brush left forward
- 3,4 Step left forward, brush right forward
- 5,6 Step right forward, pivot 1/2 left transferring weight on to left (12:00)
- 7,8 Step right forward, pivot 1/4 left transferring weight on to left (9:00)

Out Out, Hold, Hip Bumps, Hold, Hip Bumps x4

- &1,2 Step right to right, step left to left, hold
- 3,4 Bump hips left, hold
- 5,6 Bump hips right, bump hips left
- 7,8 Bump hips right, bump hips left

Part B

Cross, Back, Back, Cross, Back, Side, Drag, Flick

- 1,2 Cross right over left, step left back
- 3,4 Step right back, cross left over right
- 5,6 Step right back, step left to left
- 7,8 Drag right towards left, flick right behind left

Side, Flick, Side, Touch, Side, Touch, Side, Touch

- 1,2 Step right to right, flick left behind right
- 3,4 Step left to left, touch right beside left
- 5,6 Step right to right, touch left beside right
- 7,8 Step left to left, touch right beside left

Note On Part B+ Hold 2 counts before restarting with Part A

Ending Hold for Approx 10 secs, until the music restarts, then dance the first 8 counts of Part B