

Feel the Beat



Choreography: Chris Watson

Count ´s: 32, Wall: 4

Music: Feel The Beat von Ashleigh Dallas

Notice: The dance begins after 32 beats with the entry of the song

STOMP, HEEL BOUNCE X 3, ROCKING CHAIR

- 1-4 Stomp R foot forward , bounce heels 3 times taking weight onto R
- 5-8 Rock forward onto L, rock weight back to center, Rock/step back onto L and rock weight to R

WALK L,R,L, KICK R, DIAGONAL STEPS BACK

- 1-4 Walk forward L,R,L and kick R foot forward, while clapping hands
- 5-8 Step R foot back to R diagonal, touch L together and clap, Step L foot back to L diagonal, touch R together with L and clap hands.

VINE RIGHT, VINE LEFT ¼ TURN SCUFF

- 1-4 Step R to R side, step L behind R, step R to R side and touch L together.
- 5-8 Step L to L side , Step R behind L, ¼ turn L stepping forward onto L and scuff right forward (9 O'Clock)

ROCKING CHAIR, 2 ½ PIVOTS

- 1-4 Rock forward onto R foot, replace weight onto L, rock / step back onto R and forward onto L
- 5-8 Step R foot forward pivot ½ turn over L shoulder take weight onto R , repeat.

Tag: At the end of wall 10 Ofacing 6 O'Clock Wall

Repeat the last 8 counts then restart the dance

- 1-4 Rock forward onto R foot, replace weight onto L, rock / step back onto R and forward onto L
- 5-8 Step R foot forward pivot ½ turn over L shoulder take weight onto R , repeat.

Ending: at the end of the dance add an extra ½ pivot to bring you to the front.